



Craftwell

Participant Information Sheet

What is the purpose of the study?

This study will take place at the York Experimental Archaeology Research (YEAR) centre to find out more about how linking students to outdoor archaeology-based activities might benefit students' health and wellbeing. The YEAR (York Experimental Archaeological Research) Centre is an outdoor space on campus used for teaching and researching experimental archaeology. It is located in a quiet area of woodland next to the lake by Wentworth College. In this space we have reconstructions of a prehistoric house and Viking workshop, as well as open structures with central hearths that will provide shelter and warmth during the workshops.

We are interested in your experience of these activities and how they might benefit you. This information will help increase awareness of the benefits of outdoor archaeology-based projects and potentially encourage more investment in similar schemes in the future.

Who is undertaking the study?

The study is being conducted by a team of researchers from the Department of Archaeology, Department of Health Sciences and Department of Environment and Geography at the University of York.

What does the study involve?

The study involves taking part in one of two workshops (i.e., bead making or pottery making) and completing two questionnaires. The first questionnaire will be completed before you take part in the workshop to find out some background information about you and your health and wellbeing, and engagement with the outdoors. The second questionnaire will be completed after you have participated in the workshop and focuses on your experience of the activity so we can understand more about your experiences of taking part, and what other factors affect them. A select number of participants will be invited to take part in a follow-up interview to explore perceptions about the acceptability and feasibility of the workshops; health and wellbeing benefits; and role of social learning about heritage craft.

The workshops will run on a weekly basis from February to May at the YEAR centre. Each workshop is two hours in duration and all materials will be provided. We expect approximately 8 - 10 people to attend per session.

For the bead making workshop, participants will recreate stone beads using the materials and techniques that archaeologists think people used 11,000 years ago.



The beads will emulate finds from two Mesolithic sites - Starr Carr, North Yorkshire, and Nab Head, Pembrokeshire, where evidence for bead making workshops have been found. The beads will be made from a soft shale collected from the Yorkshire coast, which is the most likely source used by people at Star Carr. The holes will be drilled using specially made flint drill tips, known as awls, which have also been found at these sites, with microscopic traces of wear suggesting they were used in this way. The workshops will give participants the opportunity to engage with prehistoric craft making using locally sourced materials, and explore different methods of drilling, decorating, and stringing the beads. To string them, participants will also recreate simple twisted string made from plant fibre, which has also been recovered from archaeological sites dating to the same period.

In the pottery workshop, participants will make pots based on Anglo-Saxon types used during the 5-6th Century CE. Pots of distinctly early Anglo-Saxon type are found on sites throughout eastern England. These vessels were used for a range of activities including cooking, storage, brewing, dairying and as containers to hold the cremated remains of the dead. Anglo-Saxon potters made their wares by hand, using coils of clay to build up the vessel wall, and these were fired in simple bonfires. Although most pots were plain, those used for brewing, drinking and as cremation urns were highly decorated with stamp impressions and incised lines. Participants will use the same techniques to achieve their pots. Examples of decorative patterns that have been discovered on Anglo-Saxon pots will be available for participants to recreate on their own pots.

Do I have to take part?

It is your decision whether you wish to take part in the study. If you decide to take part, you can still end your participation at any time without having to give any reason for this. If you did choose to take part and then changed your mind, you would be free to withdraw from the research at any time, without needing to provide a reason. You could also ask for your data to be withdrawn from the study up to two weeks after you have completed the questionnaire, simply by contacting the researcher. After this time, your data will have been anonymised and used in the analysis.

Are there any risks to taking part?

The study involves reflecting upon your mental and physical health and for some people this may bring up difficult feelings.

The workshops will be delivered in an outdoor space in late winter/early spring, and the weather conditions can be variable. Please also note that this space has uneven and slippery surfaces. It is important that you read the risk assessment summary for further information about the outdoor space, and for activity specific information dependent on the workshop you participate in.



What are the potential benefits of taking part?

There are no direct benefits to you from taking part in this research study, but in the longer term, we hope that this study will contribute to the greater use of outdoor based archaeology activities to support physical and mental health and wellbeing. We will send all participants a summary of our findings.

What will happen to the results of this?

We plan to publish the findings in an academic journal and present them at academic conferences. If you are interested in the overall findings of the study, please contact us at craftwell-project@york.ac.uk, and a summary will be provided via email.

How will my information be kept confidential?

All your personal details and information you provide will be kept strictly confidential and stored securely. Your personal details such as your contact details will be stored separately from the study data. Your name and any other identifying information will be removed so you cannot be recognised. You can find further details about how we will process and store your information at the end of this document.

Who has reviewed this study?

The questionnaires have been reviewed by people with experience of working with a range of physical and mental health difficulties. They have been approved by the Ethics Committee of the Department of Archaeology at the University of York.

Who is funding this project?

This study is funded by the Environmental Sustainability Academy at York (ESAY).

Further information

If you have any further questions, please feel free to contact the project research team via the project email address: craftwell-project@york.ac.uk. All members of the research team would be happy to talk through the study with you and answer any questions you may have. Please contact us if you feel there are any challenges in participating in the study but please note whilst emails are monitored there may be times when these are not checked frequently. For clinical advice and support please contact your GP.

Further details about how we process your information

Questionnaire responses will be compiled by the lead of the project you are participating in, and then transferred securely to the project team for processing and analysis. As part of the process, the information you provide will be anonymised, so that the data you provide cannot be linked to you as an individual, only to your characteristics. Analysis of the data and subsequent presentation of the results will



not involve any identification of you as an individual. Similarly, no information that identifies you will be shared with other researchers. If you wish however, you can choose in the consent form to be contacted by our team about taking part in future studies we run.

The University of York processes personal data for the purposes of carrying out research in the public interest. The University will endeavour to be transparent about its processing of your personal data and this information sheet should provide a clear explanation of this. If you do have any queries about the University's processing of your personal data that cannot be resolved by the research team, further information may be obtained from the University's Data Protection Officer by emailing dataprotection@york.ac.uk or visit www.york.ac.uk/records-management/dp/.

Privacy notice

This Privacy Notice tells you what to expect when you participate in this study. This is being carried out by, at the University of York. For details of how your personal information is used in other ways, please see the other University Privacy Notices www.york.ac.uk/records-management/dp/your-info. For the purposes of this privacy notice, University of York is the Data Controller as defined in the General Data Protection Regulation. We are registered with the Information Commissioner's Office and our entry can be found here. Our registration number is: Z4855807.

What is our legal basis for processing your data?

Under the General Data Protection Regulation (GDPR), the University must identify a legal basis for processing personal data and, where appropriate, an additional condition for processing special category data.

In line with our charter which states that we advance learning and knowledge by teaching and research, the University processes personal data for research purposes under Article 6 (1e) of the GDPR: "Processing is necessary for the performance of a task carried out in the public interest". Special category data is processed under Article 9 (2j): "Processing is necessary for archiving purposes in the public interest, or scientific and historical research purposes or statistical purposes".

Research will only be undertaken where ethical approval has been obtained, where there is a clear public interest and where appropriate safeguards have been put in place to protect data. In line with ethical expectations and to comply with common law duty of confidentiality, we will seek your consent to participate. This consent will not, however, be our legal basis for processing your data under the GDPR.

How do we keep your data secure?

The University takes information security seriously and has implemented appropriate technical and organisational measures to protect personal data and special category data. Access to information is restricted on a need-to-know basis and security arrangements are regularly reviewed to ensure their continued suitability. For further information see www.york.ac.uk/it-services/security/.



How long will we keep your data?

An anonymised version of the digital data will be stored indefinitely on an open access repository hosted by the University Library, in line with ICMJE recommendations and UKRI policy on data sharing. Health Sciences will write a data sharing plan to allow for third party requests for individual (deidentified) data that underlines the results reported in the published paper (including text, tables, figures and appendices), beginning 3 months and ending 10 years after publication. This will offer a time limited offer for third party access to deidentified data. All data will be hosted by UoY Library and accessible only via agreeing to the terms of the data access agreement

What rights do you have in relation to your data?

Under the General Data Protection Regulation (GDPR), you have a right of access to your data, a right to rectification, erasure (in certain circumstances), restriction, objection, or portability (in certain circumstances). You also have a right to withdraw consent (where this applies). For more information, visit:

<https://www.york.ac.uk/records->

[management/generaldataprotectionregulation/individualsrights/](https://www.york.ac.uk/records-management/generaldataprotectionregulation/individualsrights/). Please note that, as data in this study will be anonymised, it will not be possible for you to exercise these rights after this point. This is because it will not be possible for us to identify your record once it has been anonymised.

Right to complain

If you are unhappy with the way in which the University has handled your personal data, we ask you to contact us in the first instance, so that we can try to put things right. If you are unhappy with our response, you have a right to complain to the Information Commissioner's Office. For information on reporting a concern to the Information Commissioner's Office, see www.ico.org.uk/concerns.

Thank you for taking the time to read this information sheet.